



♥ All Day Breakfast

Frigg House Favourites.

The Brunch Burrito

(Bacon, Scrambled Egg, Cheese, Grilled Onion & Relish in a Warmed Wrap)

Corn Fritter Stack (GF DF)

(3 stack House-made Fritters with Avocado, Tomato, Red Onion Salad & Sweet Chilli Sauce)

OTT Open Omelette (GF)

(It's big and full of protein. Ham, Cheese, Red Onion, Tomato, Baby Spinach) **Relish +\$2**

Mighty Thor

(Frigg's Savoury Mince on Sourdough Toast, topped with 2 Fried Eggs & side of Worcestershire)

The BIG Frigg

(Two Eggs your way, Hickory Bacon, Mushrooms, Baked Beans, Grilled Tomato, Hash Brown, Pork Sausage & Light Rye Toast)

The BIG Vego Frigg

(Two Eggs your way, Haloumi, Mushrooms, Baked Beans, Grilled Tomato, Hash Brown, Wilted Spinach & Light Rye Toast)



\$16.50

\$18.50

\$19.90

\$25.90

\$27.90

\$27.90

Egg Bennies.

Fresh Poached Egg(s) & lashings of Hollandaise Sauce (*served on Sourdough Toast)

	Light	Full
Hickory Smoked Bacon*	\$18.90	\$24.90
Vegetarian - Haloumi, Grilled Mushrooms & Wilted Baby Spinach*	\$20.90	\$27.90
Breadless Hashbrown Bacon Benny (GF)	\$19.90	\$24.90
Croissant Benny with Grilled Ham & Wilted Baby Spinach (One Size)		\$23.90

BIG Fat Brekky Burgers.




Sausage & Egg (Sausage, Cheese, Fried Egg & tomato sauce)	\$15.50
Brekky Classic (Hickory Bacon, Cheese, Fried Egg & bbq sauce)	\$16.50
Mega Brekky (Hash Brown, Hickory Bacon, Cheese, Fried Egg & bbq sauce)	\$18.90
OMFG Brekky (Pork Sausage, Hash Brown, Hickory Bacon, Cheese, Fried Egg & bbq sauce)	\$23.90

All served on BIG Fat Brioche Buns. GLUTEN FREE BURGER BUNS +\$3



All Day Breakfast

Frigg Breakfast Classics.

Raisin Toast, Sourdough or Gluten Free Bread – per slice (Choice of Jam, Peanut Butter, Vegemite or Honey – DF spread available)		\$3.90
Sliced Fresh Avocado on a slice of Sourdough Toast		\$9.90
Grilled Ham & Cheese Croissant		\$11.90
Eggs your way on Sourdough Toast (Poached or Fried)		\$12.50
The Brekky Toastie (Bacon, Egg & Cheese on Light Rye)		\$14.90
Scrambled Eggs on Sourdough Toast (Large hearty serve)		\$16.50
Frigg Twin Soldiers (Two Soft Boiled Eggs, Bacon & a Tower of Light Rye Toast)		\$17.50
Nice & Light (Poached Eggs, Bacon, Grilled Tomato on a slice of Sourdough Toast)		\$19.50
Avo Super Smash (Big serve of Smashed Avo with Feta, a Poached Egg on Sourdough Toast)		\$19.50
Bacon & Eggs (Poached or Fried eggs with Hickory Smoked Bacon on Sourdough Toast)		\$19.90
Swap out to Gluten Free Bread on Breakfast Meals +\$2		

Waffles & Pancakes.



Traditional Pancake Stack (3 stack Pancakes with Maple Syrup, Ice Cream & Strawberries)	\$17.50				
Canadian Pancake Stack (Traditional Pancakes loaded with Hickory Smoked Bacon)	\$24.50				
Waffle (Topped with Banana, Strawberries, Whipped Cream & Chocolate syrup)	<table border="0"> <tr> <td>Single stack</td> <td>\$15.00</td> </tr> <tr> <td>Double Stack</td> <td>\$19.90</td> </tr> </table>	Single stack	\$15.00	Double Stack	\$19.90
Single stack	\$15.00				
Double Stack	\$19.90				

Power Bowls.

Acai Power Bowl

(Organic Acai blended with fresh bananas and apple juice, served on Granola with Seasonal Fruit, Coconut & Chia Seeds)

Choc Yoghurt Power Bowl

(Greek Yoghurt blended with Chocolate Protein Powder served on Granola with Seasonal Fruit, Chia Seeds. Coconut & Honey)



\$16.90

\$16.90

GF Granola Options available on bowls +\$3



♥ All Day Light Eats

Toasties and Wraps.

Cheesy Cheese	\$9.90
Avocado & Cheese	\$10.90
Cheese, Tomato & Onion	\$10.90
Ham & Cheese	\$11.90
Ham, Cheese & Tomato	\$13.90
Ham, Cheese & Pineapple	\$14.90
Bacon, Egg & Cheese – The Brekky Toastie	\$14.90
Grilled Chicken, Cheese & Mayo	\$14.90
Grilled Chicken, Cheese & Avocado	\$15.90



Perfectly cooked on the grill. Toastie or Wrap.
GLUTEN FREE Toastie Option +\$2 (+\$3 Avocado)

A little something extra.

- \$1 Sauces each - Tomato, BBQ, Aioli, Sweet Chilli or Mayonnaise \$2 Maple Syrup
- \$3 1 x Poached or Fried Egg | Gravy | Baked Beans | Hash Brown | Toastie Avo
- \$4 1 x Haloumi Slice | Grilled Tomatoes | Baby Spinach | Side of Hollandaise Sauce
- \$6 Grilled Mushrooms | Grilled Pork Sausage | Half Avocado Sliced | Corn Fritter
- \$8 Hickory Smoked Bacon (2) | Grilled Chicken | Plain Warmed Croissant
- \$10 On it's own (breadless) - Frigg's Savoury Mince | Scrambled Eggs full serve

Little Friggers.

\$12 (Available for all ages, no questions asked!)



- Light Scrambled Eggs, White Toast with a Hash Brown
- A Waffle with Ice Cream, Sprinkles, Maple Syrup & Strawberry
- Fairy Bread with fresh Seasonal Fruit
- Chicken Nuggies, Chips & Tomato Sauce

**Popper
+\$3**



WEEKDAY SPECIALS

Available Monday to Friday – ALL Day
(excluding Public Holidays)



Raisin Toast (2 slices) \$5

Scrambled Eggs on Toast \$12

Nice & Light Breakfast \$15

(Poached Eggs, Grilled Tomato, Bacon on Sourdough Toast)

Big Fat Club Sandwich \$15

(Double decker toasted sandwich of Bacon, Tomato, Lettuce, Grilled Chicken, Cheese & Aioli)

Vegetarian Option Available

Chicken or Haloumi Yiros \$15

(Warmed wrap filled with Lettuce, Tomato, Red Onion, Cucumber, Hot Chips & Tzatziki Sauce)

Chicken Snitty, Chips & Salad \$15

Fresh Pressed Juices \$5 sml

See our Drinks Menu



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15% Surcharge applies on all public holidays.



♥ All Day Lunch



Frigg Lunch Favourites.

BOWL OF CHIPS with Sauce \$10

BOWL OF ONION RINGS with Aioli \$12

BLAT

(Bacon, Lettuce, Avocado, Tomato & Aioli on Thick White Toast)

\$17.90

Big Fat Club Sandwich

(A double layer of Bacon, Lettuce, Tomato, Chicken, Cheese & Aioli on Thick White Toast)

\$19.90

Big Fat Vego Club Sandwich

(A double layer of Haloumi, Lettuce, Tomato, Egg, Cheese & Aioli on Thick White Toast)

\$19.90

Greek Yiros – Haloumi or Chicken

(Choice of Grilled Haloumi or Chicken in a warmed Wrap filled with Hot Chips, Lettuce, Tomato, Red Onion, Cucumber & Tzatziki Sauce)

\$19.90

Chicken Snitty with Chips & House Salad

(A delicious Chicken Snitzel served with lemon, Chips & house Salad)

\$22.90

Chicken Parmi

(Chicken Snitzel topped with Passata, Ham and Grilled Cheese, served with Chips & House Salad)

\$28.90

The Athena Salad (GF)

(Mesculin Salad, Cucumber, Cherry Tomato, Red Onion, Grilled Haloumi with Balsamic Dressing)

(ADD Grilled Chicken +\$8)

\$19.90

Caesar Salad

(Cos Salad with Parmesan Cheese, Bacon, dressing topped with Poached Egg & Herbed Toast)

(ADD Grilled Chicken +\$8)

\$23.90

BIG Fat Lunch Burgers.

ADD Side of Chips \$5 or Side of Onion Rings \$6

Old Style Cheese Burger

(Beef Pattie, Double Cheese, Lettuce & Tomato Sauce)

\$16.50

Chicken Snitty Burger

(Chicken Snitzel, Cheese, Lettuce & Mayonnaise)

\$18.90

Greek Haloumi Vege Burger

(Haloumi Cheese, Lettuce, Tomato, Avocado, Cucumber, Fresh Red Onion & Tzatziki Sauce)

\$19.90

WTF Burger

(Beef Pattie, Battered Onion Rings, Bacon, Cheese, Lettuce, BBQ & Aioli Sauce)

\$21.90

Best Frigg'n Burger

(Beef Pattie, Fried Egg, Bacon, Grilled Onion, Cheese, Lettuce, Tomato, BBQ & Aioli Sauce)

\$23.90



All served on BIG Fat Brioche Buns. GLUTEN FREE BURGER BUNS +\$3

♥ Drinks



Hot.

Frigg's own coffee blend is roasted in Brisbane by an Award Winning Roaster. Our special blend is smooth and velvety, loved by Friggers everywhere.

Long Black, Flat White, Latte, Cappuccino, Mocha, Doppio, Macchiato, Piccolo, Hot Chocolate, Chai, Dirty Chai and Twinnings Tea range

Regular Milks – Full Cream, Light Milk

Alternate Milks +90c – Almond, Oat, Soy, Lactose Free

Syrups +90c – Vanilla, Caramel, Hazelnut Extra Coffee Shot +90c

Takeaway Sizes – Small. Regular. Large Dine In – Cup or Mug



Cold.

\$6 - Iced Long Black (Espresso Coffee, Water & Ice)

\$7 - Iced Latte (Espresso Coffee, Milk & Ice)

\$7 - Iced Chai Latte (Chai, Milk & Ice)

\$8 - Iced Mocha (Espresso Coffee, Chocolate, Milk & Ice)

\$9 - Iced Chocolate (Chocolate, Milk, Ice Cream & Cream)

\$10 - Iced Coffee (Espresso Coffee, Milk, Ice Cream & Cream)

\$8 - Frappe – Chocolate, Vanilla or Caramel (Syrup, Milk & Crushed Ice)

\$9 - Iced Latte Frappe (Espresso Coffee, Milk & Crushed Ice)

\$10 - Iced Mocha Frappe (Espresso Coffee, Chocolate, Milk & Crushed Ice)

\$11 - Iced Coffee Frappe (Espresso Coffee, Milk, Crushed Ice, Ice Cream & W/Cream)



\$7 | \$9 - Milkshakes – Chocolate, Vanilla, Caramel, Banana, Strawberry or Mango

\$10 | \$13 - Thickshakes – Chocolate, Vanilla, Caramel, Banana, Strawberry or Mango

Extra Whipped Cream +90c. Extra Ice Cream +\$3.

Fresh Pressed Juices.

\$7 \$10

A'La Orange – Oranges, Oranges and more Oranges

Friggalicious – Oranges, Red Apples & Pineapple

The Hangover – Carrots, Celery, Red Apples, Lemon & Cucumber

Green Go Go – Green Apples, Cucumber, Celery, Spinach, Pineapple & Lemon

Immune Booster -Red Apples, Beetroot, Carrots, Oranges & Lemon

Smoothies.

VEGAN OJ Mango Magic – Mango, Orange & Crushed Ice **\$10**

Bananarama – Bananas, Milk, Cinnamon, Honey & Ice Cream **\$12**

Tutti Frutti – Bananas, Strawberries, Milk, Honey & Ice Cream **\$12**

Super Acai – Acai Berry, Fresh Apple Juice & Banana (Vegan) **\$12**



**Ginger
\$1 Extra**